

EMMA ROBYN

SPRAY TANNING ADVICE

St Tropez tanning treatments give you a flawless tan with professional results. You can achieve a light, medium or dark streak free tan that will suit every skin tone.

PREPARATION BEFORE YOUR TREATMENT

- It is preferable not to apply any type of perfume, deodorant or aromatherapy oils on the day of your treatment as these may reduce the results.
- Waxing or shaving should be completed 24 hours prior to the treatment to reduce sensitivity. For laser hair removal please seek advice from your practitioner.
- The evening before or the morning of your treatment, exfoliate your entire body. Pay special attention to dry areas of your body such as hands, elbows, knees and feet.
- Wear dark, loose fitting clothing as not to disturb the tan when getting dressed. Please be aware the guide colour can stain hair, man-made fibres and wool.

THE TREATMENT

Spray tan application will take approximately 15 minutes. After selecting the appropriate St. Tropez bronzing mist, you will receive a professional full body spray application. The bronzing mist will dry on your skin in just a few minutes so you can dress straight after the treatment.

AFTERCARE ADVICE

- Your tan will begin to develop immediately after your treatment.
- If you have a classic formula, do not shower or bathe for a minimum of 4 hours after your treatment.
- The ideal development time is 8 hours.
- If you are having an express tan your development time will be 1-3 hours as discussed during your appointment.
- During the development time, do not participate in any activity that may cause perspiration.
- It's fine to leave the guide colour on overnight and wash in the morning (classic formulas only!).
- Some colour may transfer to bed linen. This will wash out of cotton but not so easily from man made fibres or wool.

TAN MAINTENANCE

- With the right aftercare your tan can last longer, apply an oil free moisturiser daily to hydrate the skin and maintain your tan for longer.
- Exfoliate your skin every three days to ensure your tan fades evenly.
- Do not rub, but pat your skin dry after showering or bathing.
- Avoid swimming pools as chlorine can bleach the skin so your tan can fade faster.

If you have any further questions, please don't hesitate to call me. It's always lovely to hear from my clients!

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